



## Measuring Guidelines for Hand Units

## Positioning Your Client When Measuring for Hand Garments

The Hand Order Forms are Right / Left specific.

Position your client's hand on a copy of the order form. Align the wrist crease to approximate the Center Wrist Line on the copy of the order form. Trace around the client's hand with a pen or pencil, keeping the tip of the pen/pencil close to the digits and hand. Have the client remove their hand from the copy of the Hand Order Form.

## **Measuring Circumferences:**

Please record the needed measurements in the designated areas on the specific Hand Order Form.

- A: Measure the wrist circumference over the styloid.
- **B:** Measure the palm circumference across the metacarpal heads.
- **C:** Measure the proximal circumference of the thumb.
- **D:** Measure the proximal circumference of the index finger.
- **E:** Measure the proximal circumference of the middle finger.
- **F:** Measure the proximal circumference of the ring finger.
- G: Measure the proximal circumference of the small finger.